

SPORTS CLUBS

September and October 2021

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
12.50 - LUNCHTIMES - 1.20				
Year 12 & 13 Ultimate Frisbee (Sports Hall)	Year 7 Parkour Club (Gym)		All Years Just Dance- KA (Gym)	
Year 10, 11, 12, 13 Rugby Fitness Training (School Field)				
3.40 - AFTER SCHOOL - 5.00				
	Years 7 & 8 Jiu - Jitsu (Coaching) Starts 28 / 09 (Gym)			Years 9 & 10 Jiu - Jitsu (Coaching) Starts 2 / 10 (Gym)
		No Sports Hall	Years 7 & 8 Badminton Club (Coaching) Starts 30 / 09 (Sports Hall)	Years 9 to 13 Triathlon Club (Coaching) Starts 24 / 09 Activity Zone
Year 8 & 9 Ultimate Frisbee Year 9 Netball	Year 8 Netball Year 8 Rugby Year 10 Rugby Year 11 Rugby	Year 10 & 11 Ultimate Frisbee Senior Rugby (12 & 13) Lessons 7 - 10 Year 11 Netball Year 7, 8 and 9 girls' football Year 7 Rugby Year 9 Rugby	Year 7 Netball Year 10&11 Hockey	

EVERYONE IS WELCOME!

The only requirements are that you attend regularly with energy and enthusiasm!